



# Join Togetherall Today

Safe, anonymous, online community for mental health support



## Get support



### Community

We offer an anonymous community to share how you're feeling, listen and be heard.



### Safety

We have registered mental health practitioners available 24/7 to keep the community safe.



### Easy to Access

Free mental health support in minutes, there are no waiting lists to access Togetherall.

## Take control



### Courses

Find courses specific to your concerns and learn techniques to manage your mental health.



### Resources

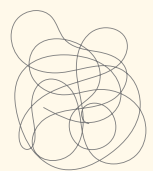
Tools, self-assessments and articles that help you understand how you're feeling and track your progress.

## Feel better



On good days I can support others. On bad days, when I need supporting, I can find information to understand how to deal with it.

**Togetherall Member**



16+

Join today for **FREE**

For more details, please refer to our T&C's during registration.

